

Being beautiful starts with believing

That you can.

That you will.

Believing in the people around you.

Trusting the people you believe in.

Real life has zero filters

So you need to look your best, always.

Stand proud

And be beautiful.

Look forward to a new day.

A new life.

A new you.

Believe in our expert hands

And our warmest touch

We look forward to making this world

More beautiful.

And this begins with us believing in you.

Believe. Belo.

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MESSAGE FROM THE FOUNDER

The Belo Medical Group has always been more than just a brand to me. Over the past 28 years, my life's work has been guided by the belief that the desire for self-improvement is all about self-confidence and self-esteem, and not always about vanity.

I have seen this time and time again in the eyes of every patient that has come to me—how the smallest changes make them happier and more confident almost in an instant.

Watching them light up from within is a beautiful sight to see, and I want nothing more than to make each patient look and feel like their most beautiful self.

When I began my practice in 1990, I set out to help as many people as I could—people who shared the same insecurities as I. Since then, it has become my mission to transform the Philippines into the most beautiful country in the world, one person at a time.

I hope this booklet can serve as a useful resource to help you discover the best skin and body treatments that are currently available. We have tried, tested, and brought together all the best and latest treatments the whole world has to offer. We want to make all these solutions available to you.

Know that we are here with you through every step of your Belo beauty journey. I truly hope you walk out of our clinics feeling like the best version of yourself – because nothing is sexier, and more beautiful, than confidence.



VICTORIA G. BELO, M.D.

Dr. Vicki Belo, a celebrated dermatologist and doctor to the stars, is known for pioneering the skin care, laser, and liposuction industry in the Philippines.

After gaining her degree in Medicine and Surgery at the University of Santo Tomas and a Diploma in Dermatology from the Institute of Dermatology in Bangkok, she opened her very first clinic at the Medical Towers in Makati in 1990.

Today, she is the President and Medical Director of the country's most trusted beauty empire, the Belo Medical Group, which currently operates 14 clinics in Metro Manila, one in Cebu, and one in Davao.





C T FACIALS

FOCUSED FUNDAMENTALS

GLYCOPEEL CLEANING

Our most popular cleaning for oily and acne-prone skin, this treatment makes use of natural fruit acids to unroof pimples, blackheads, and whiteheads, exfoliate dead skin, and eliminate acne-causing bacteria. Recommended for oily to normal skin.

BOTANICALS CLEANING

This facial uses an all-natural exfoliating scrub to gently remove skin impurities and smoothen skin texture. It is ideal for all skin types and the 45-minute treatment can be done every 2 to 4 weeks to boost skin vitality.

HONEY-ALMOND CLEANING

Pamper yourself with this delightfully aromatic facial that gently exfoliates dead skin cells and revitalizes the skin, leaving behind a sumptuous and rejuvenated complexion. Ideal for dry and sensitive skin.

MICROPEEL CLEANING

Best for those with dry and blotchy pigmentation, this 45-minute treatment mechanically scrapes off the dead and dull top layer of the skin followed by an application of glycolic acid to allow fresh, healthy skin underneath to emerge and reveal glowing complexion. Recommended for dry to normal skin.

RETAMAX CLEANING

This intense facial makes use of retinol, which is known to stimulate the production of new skin cells, treat comedonal forms of acne, and diminish dark spots resulting from photo-aging, hyperpigmentation, hormonal changes, and blemish scars. Best for acne-prone and damaged skin.



SENSATIONAL SIGNATURES

CONTOURING FACIAL

This all-around facial combines acupressure, lymphatic drainage, and muscle stimulation into a regenerating therapeutic massage that tones facial muscles for that perfect V-shaped contour.

FULL FACIAL

This classic European facial combines a deep, methodical skin cleansing, a relaxing face and shoulder massage, and the application of our exclusive skin tightening face mask for a refreshed and rejuvenated look.

GLASS SKIN FACIAL

This procedure makes the much-coveted "glass skin" possible by cleaning the skin and then infusing it with large concentrations of hyaluronic acid using ultrasound. The result is skin that literally reflects light as the hyaluronic acid molecules act like liquid mirrors underneath the skin.

HYDRATING FACIAL

This facial makes use of a patented deep wash technology to create "micro-bubbles" that cleanses the skin and prepares it for exfoliation with alpha-hydroxy acids (AHA). Hyaluronic acid-rich serum is delivered via ultrasound energy after the cleaning to produce a very healthy and hydrated skin.

OBAGI OXYGEN FACIAL

This relaxing facial for all skin types is one of our best anti-aging facials. It makes use of powerful antioxidants that fight skindamaging free radicals, while the anti-inflammatory and healing properties of oxygen help to reverse skin damage and skin aging.



CUTTING EDGE COMBINATIONS

MADONNA OXYLIGHT FACIAL

This "must-try" state-of-theart anti-aging facial combines microdermabrasion, lymphatic drainage, oxygen spray, microcurrent, and LED to stimulate the production of healthy cells and lift facial muscles. The MDNA Mask add-on is highly recommended.

OXYGENEO FACIAL

OxyGeneo is a "superset facial" that provides 3 effective facial treatments simultaneously. It combines gentle exfoliation, natural skin oxygenation, and a deep facial rejuvenation with the infusion of essential revitalizing nutrients for smoother complexion and younger-looking skin. Best for very busy people who want to get the most in the shortest possible time.

SALT FACIAL

This Belo-exclusive treatment brings back the youthfulness of your skin by mechanically exfoliating it with hydration-maintaining and bacteriakilling sea salt. Once cleared of impurities and dead skin, exfoliating acids are applied, followed by antioxidant and stem cell-rich gel infused into the skin using ultrasound. The treatment concludes with skin-rejuvenating and acne-clearing high-intensity LED therapy. The most dramatic results are appreciated in patients with oily, acne-prone skin.

SKIN MASTER BOTANICALS FACIAL

Skin Master is a unique program that uses several modalities such as ultrasound peeling, modulated microcurrents, and micro-massage to remove dead cells, control oil, increase collagen and elastin production, and increase the permeability of the skin for the absorption of nutrient-rich botanical extracts. This results in skin that looks more youthful and luminous from the very first treatment. A perfect synergy of nature and technology.





ADD-ONS

These add-on treatments to facial procedures can be added to enhance results and address more specific skin care concerns.

CRYSTALLE GLASS MASK

Applied generously with a crystal roller, this restores tone and radiance to reveal younger-looking skin. The special mask is made up of glycolic acid for powerful exfoliation, phytic acid for evening out complexion, and a soothing complex that reduces redness and inflammation. Best for preparing the skin before a professional peel—or just for an instant glow-on-the-go.

CRYOSLUSH

Cryoslush is the application of a cold ice mist on the surface of the skin. It is usually applied after a facial cleanse to lift away comedones and reduce inflammation, or after a laser treatment to minimize redness and downtime.

KENACORT INJECTION

This mild steroid is directly injected into active acne lesions, causing it to shrink, flatten, and fade after a number of sessions. Pimple emergency? Request for a KI injection.

LIGHT MASK

This mask employs LED light therapy to stimulate and rejuvenate skin cells or to address redness and inflammation. A soothing hyaluronic youth mask with collagen and aloe vera is also applied to plump the skin and visibly reduce the appearance of wrinkles. The procedure only takes 30 minutes, giving you instantly dewy skin.

LYMPHATIC DRAINAGE

Lymphatic drainage incorporates a gentle massage treatment that stimulates the flow of lymph fluids to remove body toxins and slim down the treated area, especially around the cheeks and jawline. When you feel bloated, this is the treatment you need.

MDNA CHROME MASK

MDNA Chrome Mask is made of double-coated volcanic black clay, botanical extracts and oils. It's an ideal add-on to facials if you want to score an instant glow, since it helps remove dirt and impurities from the skin while providing long-lasting smoothness and hydration.

OXYGEN TREATMENT

A pressurized mist of pure oxygen mixed with vitamins and minerals is infused into your skin for overall renewal and rejuvenation. This treatment clears acne, reduces irritation, and hydrates, plumps, and smoothens skin in one go.





COSMELAN DEPIGMENTATION TREATMENT

A brighter, more even skin tone can be easily achieved with the targeted application of this hydroquinone-free mask, which is left on for 6-10 hours. This helps inhibit tyrosinase, a basic enzyme in the melanin formation process, resulting in the visible lightening of pigmentation after a week. A maintenance cream—the Cosmelan 2 cream—is given for daily use to support the lightening process.

JET PEEL

Pressurized oxygen is used to accelerate a salt and water solution—infused with vitamins and supplements—to exfoliate the skin and allow better skin absorption of nutrients. This non-invasive, painless, all-natural treatment makes your skin appear smoother and healthier by improving its texture and look. This is one of our most requested add-on procedure after a facial.

POWERPEEL

Powerpeel makes use of corundum crystals (think: microdermabrasion) to gently slough off dead cells while stimulating the production of fresh new skin cells and collagen. The appearance of acne scars, stretchmarks, and fine lines will noticeably diminish and it's considered more hygienic than the diamond peel since the crystals used are disposed of immediately.

PCA/TCA PEEL

For dull, congested, skin that suffers from

blackheads or whiteheads, the PCA/TCA peel makes use of a light chemical peel to help control oil, lighten hyperpigmentation, and even out skin color. This solution helps your skin banish dead skin cells faster, deep cleanses your pores, and helps healthier, younger skin cells surface.

SPANISH PEEL

This peel uses a unique combination of sugar acid peel and vitamin cream developed in Spain, and is ideal for drying up acne and minimizing pore size.

BELO EXCLUSIVE

GLUCONOLACTONE PEELS

Gluconolactone peels are special peels that, unlike other peels, do not cause photosensitivity and can therefore be used for sensitive skin that are showing signs of skin aging. 4 sessions, 2 weeks apart are recommended to complete one therapy.

Some of the benefits of Gluconolactone Peel include:

- Improves overall skin integrity and barrier function
- 2. The only chemical peel that moisturizes rather than dehydrates skin
- 3. Causes very minimal postprocedure redness

- Does not cause photosensitivity and has photoprotective properties
- 5. Targets all signs of skin aging
- 6. Has anti-oxidant properties comparable to Vitamin C and E
- 7. Mattifies and regulates oil levels and therefore reduces blackheads and acne
- 8. Effective against inflamed acne lesions

Our Glucanolactone Peels are available in three formulations:

1. LIGHT PEEL

Gluconolactone + Mandelic Acid **Indications:** fine lines, dullness

2. TIME PEEL

Gluconolactone + Glycolic Acid **Indications:** wrinkles and sagginess

3. BRIGHT PEEL

Gluconolactone + Phytic Acid + Citric Acid + Glycolic Acid **Indications:** age spots, uneven skin



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QUICK FACTS

- Options to smooth wrinkles, restore volume, tighten sagging skin, improve skin tone and texture, minimize scars, treat sun damage and more
- Less dramatic results than surgery, but little to no downtime
- 3. Most treatments are done in 60 minutes or less
- 4. Results are typically temporary and last 3 months to 1 year or longer, depending on treatment

WHEN IS FACIAL COSMETIC SURGERY A BETTER OPTION?

- You have significant jowling, sagging skin or volume loss to address
- 2. You desire a more permanent solution
- 3. You prefer to undergo a procedure only once to achieve final results
- 4. You would like to reshape the nose, jawline or other facial features

ACNE AND ACNE SCARS

Acne is one of the biggest and most common skin-related problems in young adults and teens. It is caused by inflammation of your oil that contain fatty substances called sebum. Acne or pimple forms when the layers of dead skin, dirt, or fatty secretion blocks your pore's oil duct. While there are over-the-counter medications available, medical treatment may be needed for severe cases, and for prevention and maintenance.

Belo Medical Group offers services for both acne and non-acne problems. Our acne management treatments help in reducing your skin's oil production, clearing pore congestion, speeding skin cell turnover, reducing inflammation, fading unwanted acne scars and marks, and revitalizing dull, tired skin.

Our treatments options include facials, peels, light and lasers, and will have your acne under control in approximately 4 to 24 weeks depending on the severity of your skin problem.

AGNES RF

Uses microneedling and radiofrequency energy to specifically target and destroy oil glands and fat cells. It offers a permanent solution for a variety of skin conditions, such as spots with persistent acne, large pores, and syringoma.

AIR DISSECTOR

A popular Korean procedure that uses air infused under the skin to free up the bottom of acne scars, resulting in deep scars becoming progressively shallower until they disappear.

AURORA PHOTOFACIAL

The Aurora Photofacial combines the benefits of Intense Pulsed Light (IPL) and Radio Frequency energy to help improve the cosmetic appearance of your skin and help unwanted lesions gradually fade. Other benefits include a more even skin tone and the diminished appearance of scars, fine lines, wrinkles, and dark spots over the course of several treatments.





FRACTIONAL CO2 LASER RESURFACING

Fractional CO2 Laser
Resurfacing removes columns
of skin using CO2 laser while
leaving the skin surrounding
each column intact to aid in
healing. This resurfacing laser is
used to help reduce age-spots,
fine lines, wrinkles, scarring,
uneven coloration, skin laxity,
textural irregularities, dull tone,
and a thinned collagen layer of
the face, neck, and chest.

If you have the luxury of giving your skin some time to heal (7-14 days), having this one treatment is like having multiple other non-invasive treatments at once. It is also the best single treatment for advanced skin damage and wrinkling.

FRAXEL DUAL

Fraxel Dual is a quick and near-painless laser procedure that is used for resurfacing and improving the overall appearance of the skin. It features two different lasers in one device: one targets pigmentation and sun damage, while the other goes deeper to target wrinkles, texture, and acne scarring. A special feature of this laser treatment is that it creates microscopic wounds without affecting the surrounding tissues in order to trick your body's natural healing process to create new, healthy tissue, resulting in faster skin renewal with minimal downtime.

FRACTIONAL MICRONEEDLING

This is a minimally invasive skin-rejuvenation procedure that involves the use of a device containing microneedles which are used to puncture the skin to create a controlled skin injury. Before the controlled needle punctures are made, the skin is coated with pure high-dose stem factor serum. Each needle movement drives the healing and lifting properties of the serum deep into the

skin, facilitating skin renewal and rejuvenation. As the skin repairs, there is improvement in skin texture and firmness, as well as reduction in scars, pore size, and stretch marks.

INARA

Inara uses LED light therapy to stimulate cells thermally without damaging the outer layers of the skin. It targets and destroys acne-causing bacteria using blue LEDs, while red LEDs decrease inflammation and pore size and limit future oil production. It's a relaxing and calming experience compatible with existing skin rejuvenation techniques

QUANTUM IPL

Intense Pulsed Light is a treatment used to reverse sun damage, even out facial color, and reduce redness, oiliness and pore size. Multiple sessions are needed to achieve best results.



ANGEL WHITENING LASER

This is the laser-of-choice for lightening and smoothening skin on the arms, underarms, groin, knees, and elbows. It is also used to lighten "panda eyes" and erase insect bite marks and hyperpigmentation. 4 to 8 sessions are usually needed for noticeable results.

BELO BRIGHT

This is the latest beauty solution to help address melasma and uneven skin tone. Through micro-needling technology, a special serum containing skin-brightening agents glutathione and tranexamic acid is able to penetrate the target area effectively. This radiance-boosting serum also aids in rejuvenation to give you more youthful and glowing skin.

BELO BODY SCRUB WITH BLEACH

A blend of sea salt/sugar scrub and essential oils is first slathered all over the body to gently exfoliate skin.

This allows the skin to better absorb the active ingredients of the natural bleaching agent—made from grape seed extract, AHA, and licorice—that's applied afterwards for whiter skin. This procedure takes about 45 minutes and can be done up to twice a week.

IV GLUTATHIONE

This treatment involves an intravenous infusion of Glutathione—a naturally occurring antioxidant in the body— that works to combat free radicals that damage proteins in our skin. Glutathione detoxifies the often overworked liver and improves the immune system. Finally, it is also a tyrosinase inhibitor which stops the overproduction of melanin, resulting in brighter, even-colored skin.

WET AND DRY DERMABRASION

Through exfoliation and infused serums, the wet and dry dermabrasion helps you attain an even, flawless complexion all over while enhancing skin to make it smooth, supple, and radiant. It combines skin exfoliation to lift away dull, dead cells, and a bleaching cream which is applied after to brighten and whiten skin. The procedure takes one and a half hours and may be done weekly.

LUMINA WHITENING SYSTEM

Ideal for those who want a fairer, firmer, more flawless look, this program includes a mix of Belo's best whitening body treatments and most soughtafter injectable whitening agents, complemented with orally-taken capsules and topical products to further help in the lightening process.



SKIN PIGMENTATION, MELASMA, & UNEVEN SKIN TONE

FRAXEL THULIUM

Fraxel Thulium is very effective in the treatment of brown pigmentation such as sunspots, aging spots, and melasma. In a single treatment, remarkable clearance of pigment occurs within 7 to 10 days. The treatment is very tolerable and can be used not just for the face but for the entire body. 1 to 2 treatments are all that are necessary for fresh, rosy skin.

MESOILLUMINATE

An alternative to lasers for the treatment of dark spots and uneven skin tone, Mesoilluminate is made up of microinjections of a cocktail of skin-illuminating ingredients, amino acids, vitamins, and minerals to the middle layer of the skin.

LASE MD

Employs a Cosmeceutical
Delivery System with a
Thulium laser and customized
cosmeceuticals. It works
by resurfacing the skin by
creating micro-channels which
stimulate collagen production
and facilitate the delivery of
nutrient-rich serums. The
LASEMD Ampule is given to
the patient as a take-home
regimen.

PICOSURE

100 times faster at a picosecond than any other laser, Picosure is able to break up colored pigments using powerful shock waves, rather than using heat, which means discolorations are treated more aggressively without having to worry about unwanted side-effects such as burning, scarring, or post-inflammatory hyperpigmentation.

REVLITE

The "little brother" of Picosure, Revlite produces laser pulses to break down pigmented lesions into smaller particles without damaging the surrounding normal tissue. Revlite works well to treat hyperpigmentation, rejuvenate skin, treat sun damage, and erase tattoos. Multiple sessions, spaced 2 weeks apart, are recommended to achieve best results.

OTHER SIMILAR TREATMENTS

Angel Whitening, Aurora Photofacial, and Quantum IPL may also be relevant to your concerns. Consult with us to discover the ideal treatment for you.





FILLMED SKIN PERFUSION LINE

Developed by a French laboratory leading in cosmetic medicine, FillMed Skin Perfusion is an innovative range especially designed to achieve the best visible results on skin appearance, no matter your skin type. From peels to fillers and take-home products, Skin Perfusion takes a holistic approach to skin quality, addressing hydration, radiance, wrinkles, firmness, and blemishes.



BELO PRESCRIPTIVES

These are high quality products prepared by the Belo Research and Development team using the latest ingredients sourced from the US, Europe, Japan or Korea to create special products just right for Filipino and Asian complexions.



World-famous dermatologist Dr.
Zein Obagi's signature skin care
line bridges the gap between
therapeutic treatments and daily
care, allowing patients to experience
continuously healthy skin regardless
of age, ethnicity or unique skin
condition. The comprehensive
approach focuses on overall skin
health rather than its superficial
appearance, and is unique because
it makes every individual skin cell
wake up and stay active to give the
patient a perfect, baby-like skin.



THE BELO SKIN QUALITY PROGRAM

The Belo Skin Quality Program is a unique approach that shows off the pioneering expertise of the Belo Medical Group when it comes to skin quality. It is a tailored plan that focuses specifically on the top 8 skin quality issues including pigmentation, redness, dry/dull skin, oiliness, pimples/blackheads, pores, uneven texture/acne scars and wrinkles. We combine our best skin quality-enhancing procedures and lay it out in an efficient, easy-to-follow schedule.



BioNutriGlow is a mesotherapy procedure that infuses NCTF or New Cellular Treatment Factor into the skin surface either via microneedling or by using a Beloexclusive intradermal needle called Nanosoft®. The treatment helps to achieve baby-like skin quality by addressing issues such as skin dullness, dehydration, lack of density, fine lines and wrinkles, and imperfections. One session of BioNutriGlow® will give you immediate visible results but 4 sessions spaced 2 weeks apart is ideal for optimal results.

LUMINOVITAGLOW

Luminovitaglow is a gentle yet potent procedure combines three skin quality-perfecting remedies:

First, Time Peel—a unique gluconolactone-based peel that addresses wrinkles and textural issues—is applied.

Second, the nutrient-rich complex New Cellular Treatment Factor (NCTF) creates an ideal cellular environment for amplified collagen production. It can be applied topically, through mesotherapy, or with the Nanosoft needle—a needle so small, it can deliver NCTF to delicate areas like the undereye and neck.

Finally, LED photorejuvenation rebalances and rejuvenates the skin while increasing the potency of both the Time Peel and the NCTF. Best results are appreciated after 3 sessions done 3 weeks apart.



NANOSOFT

NCTF® can be delivered via Nanosoft, a revolutionary 0.6 mm microneedle that is small enough to target the delicate eye, neck, and décolletage area. As the smallest needle in the market, it provides a near-painless experience with very minimal bruising.

NCTF®

Comprised of hyaluronic acid and 59 skin-revitalizing ingredients, NCTF is a skin quality corrector that provides the ingredients your skin needs for optimum health and radiance.



HYALURONIC ACID

+
59 SKIN REVITALIZING
INGREDIENTS*

VITAMINS

AMINO ACIDS

CO-ENZYMES

NUCLEIC ACIDS

2 BEAUTY ACTIVATORS

TARGETS THE CAUSES OF SKIN AGING

CORRECTS THE SIGNS OF SKIN AGING

PROVEN INDICATIONS

144% RADIANCE(3) (observed in 88%)

132% HYDRATION⁽³⁾ (observed in 83% of cas

+52% homogeneity⁽⁴⁾

WRINKLES REDUCED⁽⁴⁾
(observed in 67% of cases)

-59% PORE MINIMIZED(4)

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SKIN TIGHTENING & REJUVENATION

THERMAGE FLX

Thermage FLX is the latest generation of the popular Thermage RF device, which is considered as the gold standard in tissue tightening. Thermage FLX is faster, more accurate, and even more comfortable than its predecessor. Thermage FLX is most commonly used for the face and neck, followed by the eyelids, and finally the body, which includes the abdomen and arms. Thermage FLX is our go-to device for a natural-looking non-surgical face lift.

FACE GYM

Like a body workout, the goal of Belo Face Gym is to lift, tighten, sculpt and detoxify the face muscles. This treatment works up the facial muscles to restore the skin's elasticity. It stimulates lymphatic drainage, improves circulation, and promotes collagen production.

VIVACE

This machine uses high-intensity radiofrequency and microneedling, aimed at remodeling the deeper layer of the skin via stimulation of collagen and elastin production. What makes Vivace unique is its ability to also improve skin quality issues, like pigmentation and uneven skin texture.





BELO VITA

Belo Vita is "food for the skin" delivered directly where it is needed. This anti-aging treatment promotes skin regeneration and tissue repair for youthful, moisturized, and fairer skin. Hyaluronic acid, glutathione, and other rejuvenating ingredients are infused into the skin using a

special microneedle injector to nourish it from deep within not just on a surface! Four to six monthly sessions are usually recommended for best results.

ENERJET KINETIC FACELIFT

A truly revolutionary nonsurgical skin remodeling system that uses neither heat nor needles. Instead, it pneumatically introduces a jet of mesotherapy cocktail with hyaluronic acid in order to remodel skin, repair scars, and mimic the effects of a surgical facelift. It can be used on various areas of the face and body, including more delicate areas such as the eyes and mouth.

FIRM PLUS

Combining bipolar radiofrequency and infrared light energy to stimulate collagen growth and produce an immediate lift, this quick and effective treatment is a goto procedure for those who need to be red carpet-ready immediately but cannot afford any downtime.

INSTALIFT

Instalift, as the name implies, instantly lifts skin using the rejuvenating effects of high-focused ultrasound and cryogenic technology with zero discomfort and zero

downtime. Weekly treatments for 4 consecutive weeks are recommended for initiation, then once a month for maintenance.

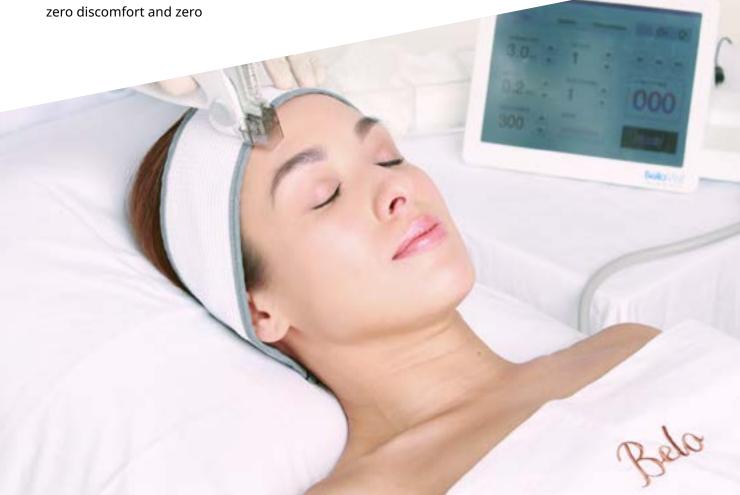
SKIN GENIUS

This innovative treatment uses RF energy with "insulated microneedling" to makes sure your skin receives only the exact amount of energy delivered at the exact layer to lift the skin and stimulate the production of collagen and elastin. This procedure specifically targets skin laxity,

pigmentation and textural issues all under 40 minutes.

SKIN REBOOT

Skin Reboot lifts, tightens, redensifies, and decongests the skin of both face and body by using a combination of RF and direct current. The RF energy produced in the deep tissues tightens the skin, while the direct current allows the penetration of our skin-rebuilding plant-based treatment emulsions more effectively.





TEMPSURE

This heating device emits radiofrequency waves deep into your dermis to stimulate collagen production while stimulating your nerves much less than other heating devices. This means that higher temperatures can be used without pain, making it faster and more effective.

THERMILIFT

This procedure differs from all other non-surgical facelifts as it is the only one that uses a RF probe inserted under the skin to deliver controlled heat to tighten the skin and induce collagen formation. This is our most effective non-surgical facelift, but it also has the most downtime from swelling. It is particularly effective for defining the jawline and addressing a double chin.

ULTHERA PRIME

Ulthera Prime is a system that uses MFUV (Microfocused Ultrasound with Visualization) to tighten collagen bundles and increase the production of collagen and elastin. It is very effective for accentuating jaw definition and decreasing facial skin sagging.

TIME CAPSULE

The premier solution to a range of dermal problems, the Belo Time Capsule reverses the effects of aging and skin damage and restores your body's natural silky complexion and ability to self-repair. By flawlessly unifying a combination of treatments – Air Dissector, Fractional CO2, Growth Factor Serum, and Inara Light Therapy, – scars, fine lines, stretch marks and loose skin become a thing of the past.





FILLERS AND WRINKLE-RELAXERS

As early as age 25, our body's production of collagen and elastin begins to decline by as much as 2% every year. By the time we reach our late twenties, signs of aging can creep up and start to become disturbingly noticeable.

Fillers are injectable substances that are used to fill lines, replace lost volume, and lift sagging skin. They are typically made up of hyaluronic acid, which is a natural moisture-binding component of your skin that functions to keep skin plump, hydrated, and young-looking.

Dermal fillers may be used in different parts of the face: around the eyes, cheeks, mouth, jawline, as well as directly into lip tissue. They may also be used for non-surgical nose lifts.

BOTULINUM-TOXIN INJECTIONS

Neurotoxin or injectable wrinkle removers blocks the impulses from the nerves to the tiny facial muscles that are related to expression lines, relaxing the muscles so that they don't contract. Post-treatment, the overlying skin appears smooth and unwrinkled, while the rest of the untreated facial muscles are able to contract in normal fashion—so you can still have normal facial expressions.

In addition to softening your facial features, it may also be used to shrink enlarged calf muscles, control excessive sweating of the hands and soles of feet, and make the neck appear longer.

At Belo, we only use FDA-approved and experience-tested neurotoxins. We don't compromise on safety and quality because you, our patients, deserve only the best.

DID YOU KNOW?

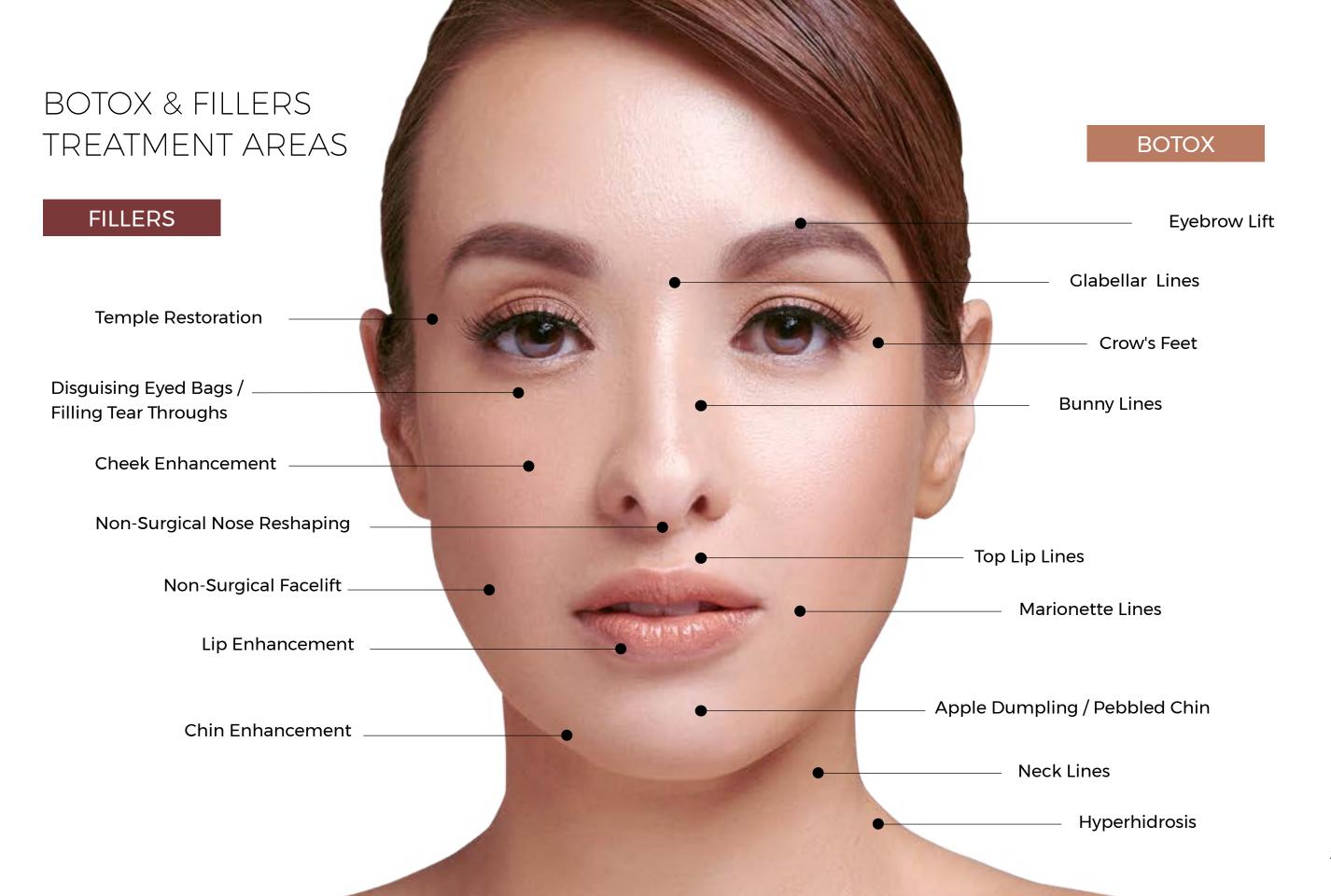
Belo is the #1 user of Allergan Botox® and Fillers in the Philippines, and is one of only 20 "Allergan Centers of Excellence" in the whole Asia region. This prestigious title is proof of our dedication to excellence and commitment to being your most trustworthy partners in achieving your beauty goals.



FILLMED ART FILLERS

This collection of five hyaluronic acid-based fillers with lidocaine is designed to smooth out fine lines, plump up the lips, and/or restore volumes and contours to the face. Each filler type is composed of three types of hyaluronic acid, providing 3 potentials for correction—sculpting, volumizing, and smoothing—for a harmonious and artistic approach to anti-aging.

40 41





FACE LIFT / NECK LIFT

A facelift (with an accompanying necklift) removes excess fat in the face and neck, and the subsequent nip and tuck of overlying skin to tighten for a more youthful appearance. It's a simple and safe procedure, and complications are infrequent and usually minor. While some early signs of aging can be addressed by non-invasive procedures, surgical treatments may be best for more severe cases—usually for patients in their 40s to 60s.

NOSE THREADS

The Belo Nose Threadlift is a non-surgical procedure that uses fine, absorbable threads which are inserted along the nasal bridge to improve height and the septum to enhance the projection of the nose.

It employs an advanced technology where threads act as a scaffolding which results in immediate lifting of the bridge and the tip after the treatment.

Also known as the 'Lunchtime Nose Job', this treatment can be completed in under an hour with minimal downtime. It is recommended for patients who are contemplating on having a nose job, but would like to experience and evaluate first how the change would affect their appearance. While this is a temporary solution that lasts between 1 to 2 years, patients can choose to have a retouch when necessary. This option is more expensive in the long run, but the advantage is that there is no downtime.



A common and popular surgical procedure, a rhinoplasty or nose job is done to reshape or resize the nose whether for cosmetic or reconstructive purposes.

The primary forms of nose jobs include augmentation (which reconstruct or taper the bridges of wide or flat noses), reduction (reducing the protruding cartilage of long, overly pointed noses), alarplasty (which entails the trimming down of nostril size and nose width), and tip plasty, which is mainly for building a sharper, pointier nose tip.





EYELIFT & EYEBAG REMOVAL

The skin around the eyes is much thinner than our cheeks or any other part of the body. We also do a lot to damage the skin around our eyes: rubbing the eyes tears up the elastin, while squinting causes wrinkles and lines. To remedy tired-looking eyes that cannot be addressed by non-surgical treatments, a blepharoplasty would be the best solution.

Laser Blepharoplasty is a cosmetic eyelid surgery that tightens the eyelid skin and removes the bags caused by bulging fat deposits. At the Belo Medical Group, a Carbon Dioxide laser is used to make incisions—absolutely no knives or scalpels. This means less swelling and bruising, plus a quicker recovery period.

This procedure is very difficult to master, with only a select number of surgeons possessing the technical skill needed to properly perform it. Our roster of medical and dermal professionals have been doing laser blepharoplasty for 25 years, so rest assured that you are placing your trust in the hands of the very best.

EAR CORRECTION

Otoplasty, or Ear Surgery, corrects protruding or excessively large ears by surgically repositioning them to appear more symmetrical and proportional to your face.

CHEEKBONE AUGMENTATION

Malar Augmentation creates a more youthful appearance by emphasizing your cheekbones, or filling in sunken, gaunt cheeks. The cheek fat pad is removed from the cheekbone through the incision in the mouth, and then is passed under the skin to the incision in the temple area. This elevates the cheek fat pad and the corner of the mouth for a more lifted look. The bagginess of the lower eyelids can also be removed through these cheek procedures. Silicone implants or fat grafts (excess fats from other parts of the body) may also be used enhance and reshape the cheeks.

CHIN AUGMENTATION

The chin is an area that can make a big difference in facial balance and symmetry. Usually, fillers are injected straight to the area to create a perfect chin for your face. It is preferred over a permanent implant because more filler can be added years down the line as we undergo natural loss of bone as we age.

However, for some people, the surgical method is more appropriate. To do this, a silicone implant specifically customized to the patient's jaw is used. The implants sharpen and enhance the mentum (the protruding tip of the chin) and create a more pronounced profile.





GUIDE TO NON-SURGICAL **BODY CONTOURING**

HOW CAN NON-SURGICAL TREATMENTS IMPROVE MY BODY?

- Reduce double chin
- Tighten lax skin on the abdomen
- Reduce stretch marks
- Reduce belly bulge
- Shrink love handles
- Rejuvenate vaginal tissue
- Reduce saddlebags
- Smooth and firm the thighs
- Remove unwanted hair

WHEN IS COSMETIC SURGERY A BETTER OPTION?

- · You desire more dramatic body sculpting
- · You have significant loose or sagging
- You prefer to undergo a procedure only once to achieve final results
- · You would like to enhance, rather than reduce, the size of an area

QUICK FACTS

- Options to reduce fat, smooth cellulite, tighten skin, rejuvenate sagging tissues and more
- Most treatments are done in 60 minutes or less
- Gradual onset of results; typically results are final in 2-3 months



Laser Treatments, Intense Pulsed Light (IPL)

- Less dramatic results than surgery, but little to no downtime

54 55 FAT REDUCTION

360° LIPOSUCTION

This type of liposuction uses laser heat to dissolve or liquefy the fat, making it easier to suction out and resulting in less bruising for the patient. The laser pulses are released through a fiber-optic tip, which is inserted into the fat layer of the skin via a thin cannula. During the process, the heat from the laser seals the blood vessels, making the procedure less bloody. This heat also helps stimulate contraction of the overlying skin for a tightening effect.



The Belo 360° Liposuction is a signature method of fat removal that, unlike most liposuction techniques, is not limited to one area. Procedure is done in a circumferential manner where adjacent areas surrounding the problem area are also targeted and addressed for a more streamlined look. The whole surgery is done under local anesthesia with "twilight sedation" and is therefore very safe compared to general anesthesia.



EMSCULPT

A person who wants a slimmer figure has to work on all these layers— skin, fat and muscle— to get the best results. Most body-sculpting machines work on skin and fat, but only the EMSculpt works effectively to build and tighten the abs. 30 minutes on this machine is like doing 20,000 sit-ups! In buttocks mode, it lifts, firms, and gives the buttocks a more rounded appearance.

EXILIS

Exilis is our most popular nonsurgical slimming machine. It uses thermal waves to melt unwanted fat and improve skin laxity and texture. It is frequently used on the face, tummy fat, and arms.

MYOSCULPT

Equipped with unique electromagnetic technology, this machine can activate as much as 30,000 muscle contractions in one 30-minute session. It comes with two applicators that can be used

simultaneously, for faster and more comfortable treatments. Improves muscle growth and development, and supports fat reduction.

ION MAGNUM

The Ion Magnum treatment is an advanced fitness system that uses signaling technology through micro current waveforms—delivered via pads attached to the treatment area—that make your muscles contract. This tricks your brain into thinking you're exercising, causing you to rapidly burn fat minus the pain and physical exertion of an intense workout. The treatment helps give your metabolism a boost, too!

ONDA COOLWAVES

This non-surgical, body contouring system penetrates deep into the body to destroy fat cells, diminish cellulite and promote skin tightening. It has an integrated cooling system that firms up the underlying tissues while preserving skin integrity, ensuring patient safety and comfort. It's an all-

in-one solution for fat, cellulite, and loose skin.

V-CONTOUR FACE AND BODY

This injectable solution of plant-based extracts has revolutionized the way we improve facial shapes and contours. We can now treat double chins, wide facial features, square jaw lines, and high cheeks without surgery or expensive laser treatments. It's virtually pain-free and doesn't involve any downtime. Patients usually need 3 to 4 sessions once a week, but results are often seen almost immediately.

V contour may also be used on the arms, armpits, tummy, thighs and calves but in these tougher areas, 6 to 8 sessions are needed to be done weekly.

VENUS FREEZE

This skin tightening and contouring treatment uses Multi-Polar Radiofrequency and Pulsed Magnetic Fields to safely and evenly heat the tissue under the surface of your

skin. Through this technology, your body is encouraged to produce more collagen and elastin fibers. As a result, the overlying skin is tightened, smoothened, and toned. It's an ideal treatment post-liposuction since it promotes faster healing and improves skin elasticity.

VISCEROSCULPT

In contrast to subcutaneous fat that lies just under the skin around the belly, thighs and rear, visceral fat is body fat that wraps around the internal organs. High visceral fat is hazardous to your health. Unfortunately, it cannot be removed by liposuction, radiofrequency, ultrasound, or cryolipolysis. Viscerosculpt is the only treatment that is scientifically proven to eliminate this kind of fat. Its action is based on diffusing a bioenergetic field that activates the metabolism of visceral fat stores.



BREAST ENHANCEMENT

BREAST AUGMENTATION

Our plastic surgeons are known among other plastic surgeons as the best in the country. Our technique is unique in that we insert the implants under the muscle and not just under the skin. This requires more skill but it makes for a much more natural-looking and natural-feeling implant.

BREAST LIFT

Mastopexy or breast lift surgery restructures and tightens surrounding breast tissue, raising and contouring the breasts and reducing areola size for a plumper, perkier, more youthful look. It is a common procedure for older women or those who have just undergone pregnancy.

BREAST REDUCTION

This procedure reduces excess breast fat and glandular tissue to create more proportional sized breasts, or to alleviate the weight and discomfort for those with overly large breasts.

SCAG TO THE BREAST (STEM CELL AUTO-GRAFTING)

Liposuction is done on a fatty area of the patient and the fat is transferred to the breast area.

Since the person's own fat is used, the result looks and feels more natural.







TUMMY TUCK

Abdominoplasty, also known as "Tummy Tuck" is a major surgical procedure that is employed to remove excess skin and fat in the belly area—as well as tighten the abdominal wall muscles—for a flatter-looking tummy. This is ideal for those who are in relatively good shape but are bothered by a large fat deposit or loose abdominal skin that won't respond to diet or exercise.

A full tummy tuck requires a horizontal incision from between the belly button and the pubic hairline, with the length and shape dependent on the amount of excess skin. Once the abdominal skin is lifted, the underlying abdominal muscles are repaired.

O5 ARM LIFT

Arm tuck is a surgical procedure that aims to reduce the amount of excess skin and fat in the upper arms, in order to create a more aesthetically pleasing arm shape. It also aims to tighten and smooth the underlying supportive tissue providing a more defined shape to the upper arm. This method particularly targets stubborn fat that you cannot remove through exercise and diet alone.





LASER HAIR REMOVAL

Excess hair is a major concern among men and women alike. Belo's cutting-edge laser treatments effectively banish stubborn hair growth for marble smooth skin.

The Belo Medical Group has 5 different kinds of hair removal lasers so that our patients can choose which is the most suitable to their preference in terms of treatment time and pain threshold. Harmony SHR is pain-free but usually requires 8 to 10 sessions, while Cool Glide requires less sessions (4 to 6) but is slightly more painful. Gmax PRO, Motif, and Light Sheer Duet are in the mid-range. For those with low pain tolerance, Splendor X's large spot size is able to dramatically cut down treatment time.

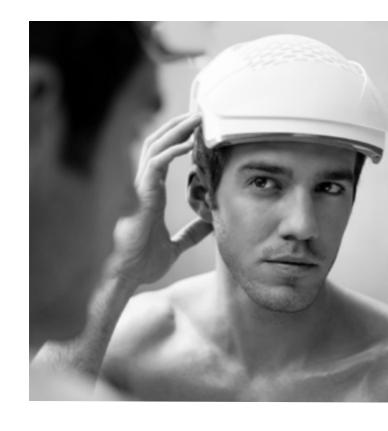


HAIR RESTORATION

HAIR TRANSPLANT

Nothing makes a man look older than being bald or having thinning hair. During hair transplantation, live hair follicles are relocated from the back and sides of the head where hair growth is most abundant, to areas lacking proper follicle growth such as bald spots, as well as the eyebrows and eyelids.

At Belo, we use an advanced technique called Follicular Unit Extraction (FUE) that uses a state-of-the-art neografting machine. This technique creates scar-free hair transplantation and allows higher viability or survival rate of each hair follicle. The newly grafted hair will grow as normal, remaining as permanent and free of restrictions as natural hair.



HAIRTECH MD

Indicated for those with alopecia, it is a three-month program that promotes healthy hair growth, reverses the process of hair loss, and reduces hair shedding. Prohair polypeptides are injected into the scalp, followed by laser phototherapy via Theradome. Takehome medicines are used for holistic hair improvement.

TATTOO REMOVAL

Tattoo removal works by using lasers that deliver pulses of light energy towards ink particles under the skin. This causes the particles to shatter into tiny fragments until they disappear. If the ink does not respond to the laser light, the tattoo doesn't get removed.

This is why it's important tvo use different laser wavelengths for different tattoo colors. Black inks are able to absorb all wavelengths, making them easier to remove.

Lighter inks such as green or yellow are harder to remove because they tend to reflect wavelengths instead of absorb them.

Other factors that affect the efficacy of tattoo removal lasers include the age of the tattoo, your body's ability to heal, and if it was done professionally.

At Belo we use the top-of-the-line lasers, Picosure and Revlite, for tattoo erasure.

VAGINAL REPAIR & REJUVANATION

LABIAPLASTY

Labiaplasty is a surgical procedure that can improve both cosmetic and health concerns in your vaginal area by reshaping or resizing the vaginal lips or labia. Labiaplasty can help address the size, shape or symmetry of your labia. In addition, it can help reduce discomfort from wearing tight clothing as well as discomfort during exercise or intercourse.

THERMIVA

Thermiva is a reconstructive, nonsurgical procedure for the vagina that addresses vaginal laxity and other post-childbirth issues. The treatment involves the use of a slender RFemitting device and takes only 30 minutes to finish, with no pain, discomfort, or downtime. Results are often immediate.

BENEFITS OF THERMIVA

- Tightening of the vaginal canal by increasing and repairing collagen and elastin tissue
- Restores vaginal moisture to combat the dryness that occurs as a woman's hormone levels decrease, increasing comfort for both you and your partner
- Decreases urinary incontinence, which can occur as a result of strenuous physical activity or during coughing fits
- 4. It shortens the labia which can sag as a result of childbirth and aging, as well as plump up the area to restore its youthful, perky appearance



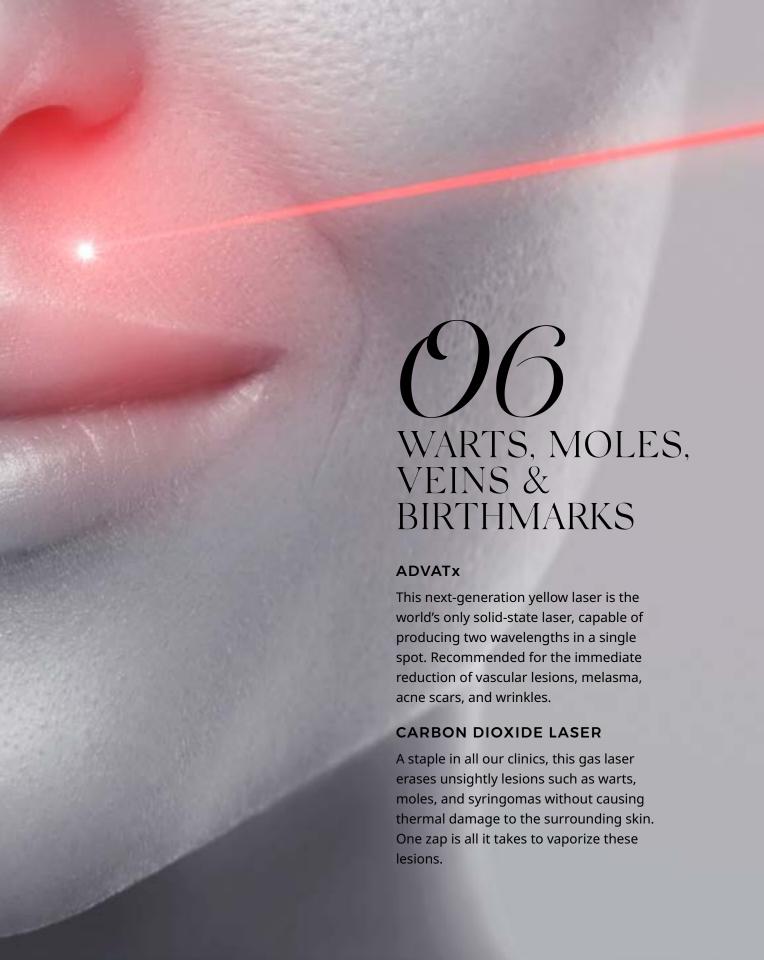


SCAR REVISION

KENACORT INJECTIONS + VASCULAR LASERS

Belo uses a combination of Kenacort injections plus a variety of CO2 and vascular lasers to remove abnormal scar tissue, eliminate out-of-control fibroblasts, and curb histamine release that causes the itchy, uncomfortable sensation that comes with overgrown keloids.

For alternative or more serious cases, Fractional CO2 and Collagen Induction Therapy may also be recommended.



COOL GLIDE

The Cool Glide Laser delivers pulses of light energy to targeted veins. Majority of the treated veins will improve dramatically within two to six weeks of the treatment and final results may be visible after several months.

GMAX PRO

This combines two high-end lasers that work by destroying hair follicles, brown spots and blood vessels without harming the surrounding skin. It also has a cooling system that sprays cryogen a fraction of a second before each laser pulse to help keep your skin comfortable during the treatment.

SCLEROTHERAPY

This procedure uses a "sclerosing agent" that is injected directly into the veins to shrink, collapse, and therefore erase them. It can cause 80 to 90 percent of targeted veins to disappear permanently per treatment. Patients may experience discomfort during the injection, but the sensation is very brief and tolerable.

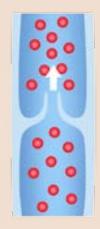
V-BEAM

This vascular laser is a versatile laser for safe and effective removal of red birthmarks, port wine stains, facial veins, rosacea, hemangiomas, leg veins, warts, red scars and stretchmarks. The treatment is near painless with zero downtime.

BLOOD VESSEL ABNORMALITIES

VARICOSE VEINS

Large, raised swollen blood vessels that twist and turn. They have a green snake-like appearance and usually develop in the legs and ankles. This is best treated with the "gold standard" treatment of sclerotherapy.





Normal Vein

Varicose Vein

SPIDER VEINS (TELANGIECTASIA)

Smaller, red, purple, and blue vessels. They are easily visible through the skin and appear on the legs and face. They may also appear around the nose from repeated trauma of blowing the nose or after nose lifts. Spider veins are best treated with our V-beam laser and ADVATx lasers.





Vitality that radiates from the inside makes one look better on the outside. This array of intravenous infusions can help you slim down, boost your energy and immunity, improve your skin smoothness, and even delay aging. Each drip is customized and prepared fresh to address your specific concerns.

CINDERELLA

DRIP

GLEAMING AND ROSEATE

SUPERVITAMIN

ENERGY AND VITALITY



CINDERELLA DRIP

Beauty drip for clear and luminous skin

SUPERVITAMIN DRIP

Cocktail for detoxification and overall wellness

PLACENTA ANTI-AGING

Drip that slows down the aging process

DOUBLE DEFENSE

Infusion to boost immunity and assist in faster recovery from general fatigue and body pain



BELO PRIVILEGE CLUB

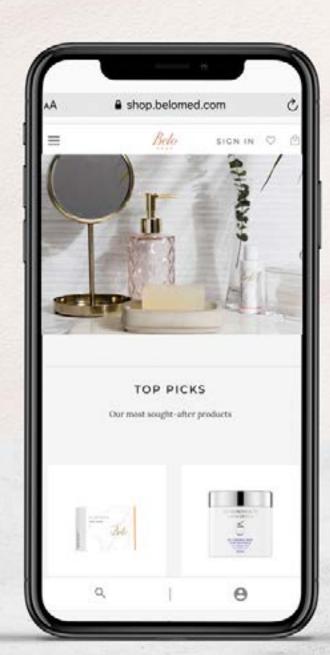
After your first consultation with us, you will officially become a member of the Belo Privilege Club. With every treatment, you earn points and also have access to many exclusive services, which you can track with the Belo app.

BELO APP FEATURES:

- Live Chat
- Book an appointment
- Edit your appointment
- Keep track of your Belo Privilege Club (BPC) points
- Check your booked schedule
- Receive special alerts so you never have to miss your appointment
- Clinic location and map
- Latest promos and updates
- Learn more about services
- Know more about our doctors

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